

5 tips for teaching social skills to kids

PROVEN TECHNIQUES FOR TEACHING ANY SOCIAL OR EMOTIONAL SKILL AT HOME

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1.) BREAK IT INTO SMALL, CONCRETE STEPS

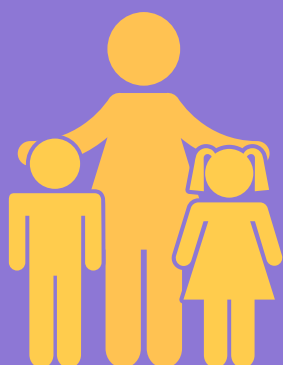
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When you taught your child to tie their shoe, you showed them exactly what to do, step-by-step. Use this same technique for teaching social and emotional skills.

2.) WORK ON ONE SKILL AT A TIME

It's hard to learn lots of new skills at once! Even if your child has several different skills they need, try to work on them one at a time.



3.) MODEL AND PRACTICE

When teaching a new skill, model doing the skill correctly first. Try acting it out with your child! Then have your child practice doing the skill back to you.

4.) MAKE IT FUN

Children learn best when they are having fun, so go ahead and play! Use silly voices or dramatic gestures. If you turn your practice into a game, they will be much more likely to remember your lesson.



5.) GIVE THEM WORDS THAT WORK

Kids are often uncertain about what they should say, especially in unfamiliar situations, so give them a few lines or phrases that they can choose from to be successful.



WANT MORE IDEAS FOR TEACHING SOCIAL SKILLS AT HOME?

Our **DIY Social Skills program** offers relevant skills for each month of the year, as well as games, activities and crafts to help you build your child's social and emotional awareness... all for just \$12 per month!

Click here to sign up or visit
www.different-paths.com

